

SPREAD THE WORD. NOT A VIRUS.

PHYSICAL DISTANCING

Physical distancing is a public health concept to reduce the probability of contact with individuals who have or may be carrying a highly contagious disease.

HOW CAN I PRACTICE SOCIAL DISTANCING?



No gatherings



Stay at least 6 feet apart



Telecommute



Arrange virtual meetings

For more information, visit
oc-covid.org or cdc.gov

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